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23rd Annual NOA FALL SUMMIT

November 21-23, 2024
Rochester, Minnesota



NOA Nursing Organizations Alliance
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What Nursing Leaders Need to Know About Trauma

Speaker: Heidi Gilroy

Friday, November 22, 2024 • 9:15 - 10:30 am

Session Description

Nurses face trauma every day, and it has serious mental, physical, and emotional implications. In this session, we will discuss the concept of trauma, its effects, and some strategies to help nurses thrive after trauma.

Meet the Presenter

Heidi Gilroy has 20 years of nursing experience and currently serves as the Director of Professional Development, Magnet & Research at Memorial Hermann The Woodlands Medical Center and Adjunct Faculty at Sam Houston State University School of Nursing. Dr. Gilroy has held leadership roles in academic, community, and acute care settings and has been involved in education both in the classroom and clinical settings. She is certified in Nursing Professional Development, Evidenced Based Practice, Executive Leadership, as well as being a Six Sigma Green Belt. Dr. Gilroy has created, presented, and published a theoretical model on trauma-informed professional development and has created the first trauma-informed nurse residency program in the nation at Memorial Hermann Health System. As a nurse, she is grateful for the impact she makes daily and is passionate about making the world a better place for both patients and her peers.

