



Omni Louisville Hotel | Louisville, KY

20th Annual Nursing Alliance Leadership Academy

August 24 & 25, 2024

The 5 Practices of Exemplary Leadership

Speaker: Donna Godfrey

Sunday, August 25, 2024 • 8:30 - 10:30 am

Session Description

Based on the classic business book, the Leadership Challenge by Kouzes and Posner (now in its 7th Edition), this workshop will walk participants through the 5 Practices of Exemplary Leadership. The workshop will emphasize the sharing of experiences between participants and actionable goals for the return back home.

When the co-authors of The Leadership Challenge, Jim Kouzes and Barry Posner, first set out to discover what effective leaders do when they're at their personal best, they collected thousands of stories from ordinary people—the moments they recalled when asked to think of a peak leadership experience. People told stories of leaders they admired, learned from, and performed their best for. They also heard stories from the leaders themselves on their philosophies and approaches. Despite differences in culture, gender, age, and other variables, these "personal best" stories revealed similar patterns of behavior that were condensed into the 5 Practices.

- 1. Model the Way: Leaders create standards of excellence and set an example for others to follow. They 'walk the talk', particularly when times are tough.
- 2. Inspire a Shared Vision: Leaders envision the future and create an ideal and unique image of what the organization and their team can become. Further, they enroll others in that vision, by helping them understand the unique role they can each play in making that vision a reality.
- 3. Challenge the Process: Leaders search for opportunities to change the status quo. They look for innovative ways to improve the organization, often by listening closely to frontline employees.
- 4. Enable Others to Act: Leaders foster collaboration and respect within the organization. They strengthen others with an emphasis on personal development, making each person feel capable and powerful.
- 5. Encourage the Heart: Accomplishing extraordinary things in organizations is hard work. To keep hope and determination alive, leaders recognize the contributions that individuals make and celebrate accomplishments both big and small.

Meet the Presenter

Donna Godfrey is the owner of Godfrey Training Associates and an experienced trainer, facilitator, coach, and speaker. She defines her business as "Helping Healthcare and Technical Professions Transition into Leadership Positions". Donna designs training programs that accelerate the learning process and create long-term behavioral change. She believes in coaching that helps clients find realistic solutions to current issues. And Donna helps association boards turn passion and diversity into action and strategic vision.

